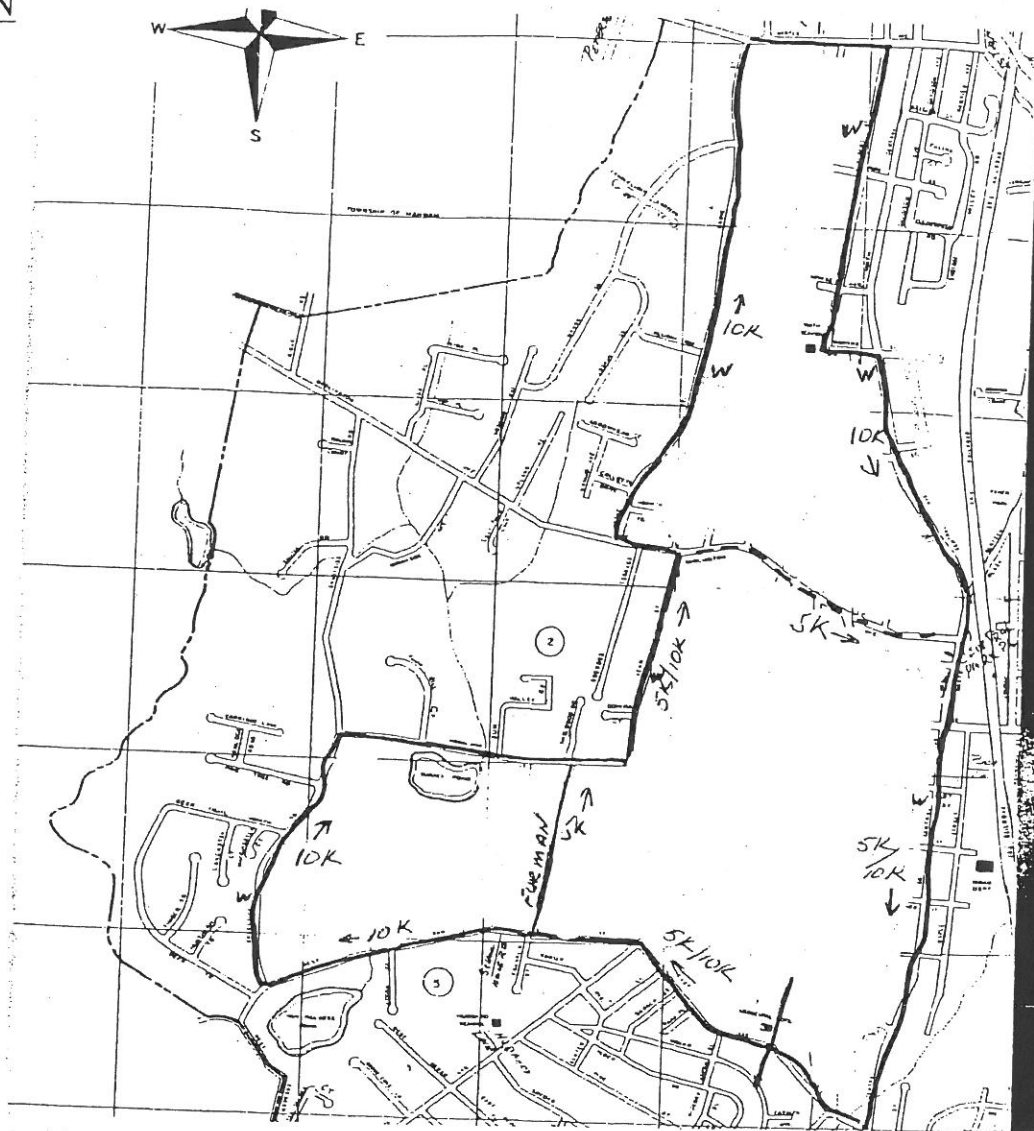


JACK MCKEOWN
RAMSEY RUN
ROUTE MAP



RACE COURSES: Both races start on East Oak Street at Ramsey Municipal Pool and proceed across Wyckoff Avenue onto West Oak Street.

5K turns right on Fuhrman. Right on Woodland. Left on Jean. Right on Darlington. Right (south) on North Central crossing Main to South Central. Right on East Oak Street.

10K turns right on Shadyside. Right on Woodland. Left on Jean. Left on Darlington. Right on Grove. Right on Myrtle. Right on Elbert Street past Smith School then left on Monroe. South on North Central crossing Main to South Central. Right on East Oak Street. (* route changed from past years)