

**FOR YOUR
INFORMATION**

Ramsey Van Transportation

201-825-3400 X 277

Meals on Wheels

201-358-0050

Senior Division of Senior Services

201-336-7400

Bergen County Transportation

201-368-5955

County Information & Assistance

1-877-222-3737

Ramsey Senior Center

205 Church St. Finch Park

201-825-1975

Mail to Borough Hall:

33 North Central Ave.

201-825-3400

Ramseynj.com(SENIORS)

ramseyseniorcenter@gmail.com



Ramsey Senior Center
c/o Borough Hall
33 North Central Ave.
Ramsey, NJ 07446

Save the Date:

The Borough of Ramsey and the Ramsey Seniors will only accept checks for trips, luncheons, events etc. and classes that require payment. No cash. Proof of residency required.

Sign up at Borough Hall Ramsey Seniors Holiday Party on Dec. 3rd. Make \$35 check payable to "Ramsey Seniors"

Sign up Senior Center bulletin board Gingerbread House

decorating at RHS Culinary Arts Class on 12/6. Free

Dec. 3: **Ramsey Seniors Holiday Party** 12 noon Ramsey

Country Club

Dec. 6: Decorate **Gingerbread Houses** RHS Culinary Arts Class



Ramsey Senior Center

Finch Park, Ramsey, NJ 07446



December 2019



Ramsey Senior Center's Annual Holiday Party

JOIN THE RAMSEY SENIORS FOR OUR ANNUAL HOLIDAY PARTY
ON DECEMBER 3, 2019 AT 12 O'CLOCK NOON RAMSEY COUNTRY CLUB
FULL COURSE LUNCHEON, DJ AND DANCING
SIGN UP AT BOROUGH HALL \$35 CHECK PAYABLE TO "RAMSEY SENIORS"

December 2019

Wishing everyone a Happy Hanukkah and Merry Christmas!

Doris Stellingwerf was recognized by the Mayor & Council as the Ramsey Senior Volunteer of the Year.



Doris is an original charter member of the Ramsey Seniors which was established in 2002. Since the first meeting she has served as the Publicity Chairperson. Through the years she has organized and coordinated all Ramsey Senior picnics and our annual Holiday Celebration. During her tenure as a Ramsey Trustee, she has also helped coordinate many trips and monthly events. On behalf of the Mayor & Council and all the Ramsey Seniors we appreciate all that Doris has done and continues to do!



Join us and the Ramsey High School Culinary Arts Class for some holiday fun. Help us decorate Gingerbread Houses Friday, December 6, 11:30 am-1:44 pm Ramsey High School. No experience necessary just bring your holiday spirit. Gingerbread Houses will then be donated to help spread joy. This is a fun way to give back to our community. A sign up sheet will be hung on the Senior Center bulletin board.



2	3	4	5	6
10:00 Hatha Yoga 12:00 Fast Track Bingo 1:00 Pool / Shuffleboard 1:30 Knitting/Crochet 3:30 Arthritis Exercise 6:30 Ping Pong at Sr Ctr	9:15 Exercise 10:30 Healthy Bones 11:30 Healthy Bones 12:00 Holiday Party	10:00 Art 12:00 Bridge 1:00 Woodcarving 1:00 Pool & Shuffleboard 4:00 Ping Pong at Sr Ctr 6:00 VFW	9:15 Exercise 10:30 Healthy Bones 11:30 Healthy Bones 1:30 Tai Chi 2:30 Tai Chi Fan	11:15 Yoga 12:30 Ping Pong 1:00 Pool & Shuffleboard 2:30 Arthritis Exercise
9	10	11	12	13
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16	17	18	19	20
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23	24	25	26	27
10:00 Hatha Yoga 12:00 Fast Track Bingo 1:00 Pool / Shuffleboard 1:30 Knitting/Crochet 3:30 Arthritis Exercise 6:30 Ping Pong at Sr Ctr	Christmas Eve	Merry Christmas	9:15 Exercise 10:30 Healthy Bones 11:30 Healthy Bones 1:30 Tai Chi 2:30 Tai Chi Fan	11:15 No Yoga 12:30 Ping Pong 1:00 Pool & Shuffleboard 2:30 Arthritis Exercise
30	31			
10:00 No Hatha Yoga 12:00 Fast Track Bingo 1:00 Pool / Shuffleboard 1:30 Knitting/Crochet 3:30 Arthritis Exercise 6:30 Ping Pong at Sr Ctr	NEW YEAR'S EVE			

WALKING Mon. – Sat. at 8:00 am meeting by Varka Restaurant or Mon, Wed, Fri - at 9:30 am meeting at the Interstate entrance to the bike path. Tues. 12:15 pm at the Interstate entrance to the bike path (all weather permitting)